



# MASTER CYCLE SCHEDULE



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## May 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>27</b> <b>Back Mount   Fight Sim</b> BBS2: Lesson 37 R-BBS1:39  12:15 p.m. - 1:45 p.m. 7:30 p.m. - 9:00 p.m.	<b>28</b> <b>Back Mount   Fight Sim AM</b> BBS2: Lesson 37 R-BBS1:39  5:30 a.m. - 7:00 a.m. 12:15 p.m. - 1:45 p.m.	<b>29</b> <b>Back Mount</b> BBS2: Lesson 37 R-BBS1:39  12:15 p.m. - 1:45 p.m. 7:30 p.m. - 9:00 p.m.	<b>30</b> <b>Back Mount</b> BBS2: Lesson 37 5:30 a.m. - 7:00 a.m. <b>Reflex Development</b> 11:00 a.m. - 12:00 p.m. <b>Fundamentals (33)</b> 12:15p.m. - 1:15 p.m.	<b>1</b>  <b>In-House Open Mat</b> 6:30 p.m. - 7:30 p.m.	<b>2</b>
<b>4</b> <b>Back Mount</b> BBS2: Lesson 39 R-BBS1:41  12:15 p.m. - 1:45 p.m. 7:30 p.m. - 9:00 p.m.	<b>5</b> <b>Back Mount</b> BBS2: Lesson 39 R-BBS1:41  5:30 a.m. - 7:00 a.m. 12:15 p.m. - 1:45 p.m.	<b>6</b> <b>Back Mount   Fight Sim</b> BBS2: Lesson 39 R-BBS1:41  12:15 p.m. - 1:45 p.m. 7:30 p.m. - 9:00 p.m.	<b>7</b> <b>Back Mount   Fight Sim</b> BBS2: Lesson 39 5:30 a.m. - 7:00 a.m. <b>Reflex Development</b> 11:00 a.m. - 12:00 p.m. <b>Fundamentals (37)</b> 12:15p.m. - 1:15 p.m.	<b>8</b>  <b>In-House Open Mat</b> 6:30 p.m. - 7:30 p.m.	<b>9</b>
<b>11</b> <b>Back Mount</b> BBS3: Lesson 37  12:15 p.m. - 1:45 p.m. 7:30 p.m. - 9:00 p.m.	<b>12</b> <b>Back Mount</b> BBS3: Lesson 37  5:30 a.m. - 7:00 a.m. 12:15 p.m. - 1:45 p.m.	<b>13</b> <b>Back Mount   Fight Sim</b> BBS3: Lesson 37  12:15 p.m. - 1:45 p.m. 7:30 p.m. - 9:00 p.m.	<b>14</b> <b>Back Mount   Fight Sim</b> BBS3: Lesson 37 5:30 a.m. - 7:00 a.m. <b>Reflex Development</b> 11:00 a.m. - 12:00 p.m. <b>Fundamentals (38)</b> 12:15 p.m. - 1:15 p.m.	<b>15</b>  <b>In-House Open Mat</b> 6:30 p.m. - 7:30 p.m.	<b>16</b>
<b>18</b> <b>Back Mount</b> Review  12:15 p.m. - 1:45 p.m. 7:30 p.m. - 9:00 p.m.	<b>19</b> <b>Back Mount</b> Review  5:30 a.m. - 7:00 a.m. 12:15 p.m. - 1:45 p.m.	<b>20</b> <b>Back Mount</b> Review  12:15 p.m. - 1:45 p.m. 7:30 p.m. - 9:00 p.m.	<b>21</b> <b>Back Mount</b> Review 5:30 a.m. - 7:00 a.m. <b>Reflex Development</b> 11:00 a.m. - 12:00 p.m. <b>Fundamentals (41)</b> 12:15 p.m. - 1:15 p.m.	<b>22</b>  <b>In-House Open Mat</b> 6:30 p.m. - 7:30 p.m.	<b>23</b>  <b>CLOSED</b> Memorial Day Weekend
<b>25</b>  <b>CLOSED</b> Memorial Day	<b>26</b> <b>Back Mount</b> Rolling  5:30 a.m. - 7:00 a.m. 12:15 p.m. - 1:45 p.m.	<b>27</b> <b>Back Mount</b> Rolling  12:15 p.m. - 1:45 p.m. 7:30 p.m. - 9:00 p.m.	<b>28</b> <b>Back Mount</b> Rolling 5:30 a.m. - 7:00 a.m. <b>Reflex Development</b> 11:00 a.m. - 12:00 p.m. <b>Fundamentals (42)</b> 12:15p.m. - 1:15 p.m.	<b>29</b>  <b>In-House Open Mat</b> 6:30 p.m. - 7:30 p.m.	<b>30</b>
<b>1</b> <b>Back Mount   Fight Sim</b> Principles  12:15 p.m. - 1:45 p.m. 7:30 p.m. - 9:00 p.m.	NOTES:				