



Gracie BULLYPROOF®

SUMMER CAMP



JULY 10TH - 14TH

8:00AM - 11:00AM

Unshakable Jiu-Jitsu Confidence

By giving your child the non-violent Gracie Jiu-Jitsu techniques to neutralize a physical attack, they will have the confidence to take a stand against bullies.



Verbal Self-Defense

To ensure your child is ready to identify and overcome verbal harassment, we conduct a series of specific role-playing exercises each day of the camp.



Character Development

Each day we choose a different topic, from discipline and healthy living to drug defense and abduction prevention, so your child is ready for life beyond the playground.



Fun & Fitness

We play games throughout the entire week to give your child the fitness they need and the fun they want!



Prepare Your Child For Life!

For ages 6-12 | Space is Limited | \$450