



MASTER CYCLE SCHEDULE



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October 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30 Fight Sim 7:15 p.m. - 8:15 p.m.	1	2	3	4 Reflex Development 7:30 a.m. - 8:30 a.m. Mount Review 8:30 a.m. - 10:00 a.m.
6	7 Fight Sim 7:15 p.m. - 8:15 p.m.	8	9	10	11 Reflex Development 7:30 a.m. - 8:30 a.m. Rolling & Exploring 8:30 a.m. - 10:00 a.m.
13	14 Fight Sim 7:15 p.m. - 8:15 p.m.	15	16	17	18 Reflex Development 7:30 a.m. - 8:30 a.m. Side Mount BBS2: Lesson 9 (gi) R-BBS1:12 8:30 a.m. - 10:00 a.m.
20	21 Fight Sim 7:15 p.m. - 8:15 p.m.	22	23	24	25 Reflex Development 7:30 a.m. - 8:30 a.m. Side Mount BBS2: Lesson 14 (gi) 8:30 a.m. - 10:00 a.m.
27	28 Fight Sim 7:15 p.m. - 8:15 p.m.	29	30	31	1 Reflex Development 7:30 a.m. - 8:30 a.m. Side Mount BBS2: Lesson 15 (gi) R-BBS1:15 8:30 a.m. - 10:00 a.m.
3	NOTES:				