



MASTER CYCLE SCHEDULE



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April 2024

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
1	Fundamentals 7:45 p.m. - 8:45 p.m.	2	Reflex Development 11:00 a.m. - 12:00 p.m. Mount Review 12:15 p.m. - 1:15 p.m. 7:15 p.m. - 8:15 p.m.	3	Reflex Development 7:30 p.m. - 8:30 p.m.	4	Mount Review 12:15 p.m. - 1:15 p.m. 7:15 p.m. - 8:15 p.m.	5		6	
8	Fundamentals 7:45 p.m. - 8:45 p.m.	9	Reflex Development 11:00 a.m. - 12:00 p.m. Mount Review 12:15 p.m. - 1:15 p.m. 7:15 p.m. - 8:15 p.m.	10	Reflex Development 7:30 p.m. - 8:30 p.m.	11	Mount Review 12:15 p.m. - 1:15 p.m. 7:15 p.m. - 8:15 p.m.	12		13	
15	Fundamentals 7:45 p.m. - 8:45 p.m.	16	Reflex Development 11:00 a.m. - 12:00 p.m. Rolling & Exploring 12:15 p.m. - 1:15 p.m. 7:15 p.m. - 8:15 p.m.	17	Reflex Development 7:30 p.m. - 8:30 p.m.	18	Rolling & Exploring 12:15 p.m. - 1:15 p.m. 7:15 p.m. - 8:15 p.m.	19		20	
22	Fundamentals 7:45 p.m. - 8:45 p.m.	23	Reflex Development 11:00 a.m. - 12:00 p.m. Side Mount Fight Sim 12:15 p.m. - 1:15 p.m. 7:15 p.m. - 8:15 p.m.	24	Reflex Development 7:30 p.m. - 8:30 p.m.	25	Side Mount 12:15 p.m. - 1:15 p.m. 7:15 p.m. - 8:15 p.m.	26		27	
29	Fundamentals 7:45 p.m. - 8:45 p.m.	30	Reflex Development 11:00 a.m. - 12:00 p.m. Side Mount Fight Sim 12:15 p.m. - 1:15 p.m. 7:15 p.m. - 8:15 p.m.	1	Reflex Development 7:30 p.m. - 8:30 p.m.	2	Side Mount 12:15 p.m. - 1:15 p.m. 7:15 p.m. - 8:15 p.m.	3		4	
6	Fundamentals 7:45 p.m. - 8:45 p.m.	NOTES:									