



# CLASS SCHEDULE

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						<b>Reflex Development/ Fight Simulation</b> 7:45 am - 8:45 am
	<b>Gracie Combatives</b> 11:00 am - 12:00 pm	<b>Gracie Combatives</b> 11:00 am - 12:00 pm	<b>Gracie Combatives</b> 11:00 am - 12:00 pm		<b>Gracie Combatives</b> 11:00 am - 12:00 pm	<b>Women Empowered</b> 9:00 pm - 10:00 pm
	<b>THE Master Cycle</b> 12:00 pm - 1:30 pm		<b>THE Master Cycle</b> 12:00 pm - 1:30 pm		<b>THE Master Cycle</b> 12:00 pm - 1:30 pm	<b>Gracie BULLYPROOF</b> Little Champs (Ages 5-7) 10:15 am - 11:00 am
		<b>Gracie BULLYPROOF</b> Little Champs (Ages 5-7) 4:00 pm - 4:45 pm		<b>Gracie BULLYPROOF</b> Little Champs (Ages 5-7) 4:00 pm - 4:45 pm		<b>Gracie BULLYPROOF</b> Junior Grapplers (Ages 8-13) 11:15 am - 12:15 pm
	<b>Black Belt Club</b> 5:00 pm - 5:50 pm	<b>Gracie BULLYPROOF</b> Junior Grapplers (Ages 8-13) 5:00 pm - 5:50 pm	<b>Black Belt Club</b> 5:00 pm - 5:50 pm	<b>Gracie BULLYPROOF</b> Junior Grapplers (Ages 8-13) 5:00 pm - 5:50 pm		
	<b>Gracie Combatives</b> 6:00 pm - 7:00 pm	<b>Women Empowered</b> 6:15 pm - 7:15 pm	<b>Gracie Combatives</b> 6:00 pm - 7:00 pm	<b>Gracie Combatives</b> 6:00 pm - 7:00 pm		
	<b>THE Master Cycle</b> 7:00 pm - 8:30 pm		<b>THE Master Cycle</b> 7:00 pm - 8:30 pm			